

Military Service Information Tool

Combat and operational stress injuries are subtle physical changes in the brain. They occur when stress is too intense or lasts too long. These injuries affect the brain's ability to handle and adapt to stress, sights, sounds, movements and memories. Many of our residents re- experience this stress.

Combat and operational stress is defined as "The expected and predictable emotional, intellectual, physical, and/or behavioral reactions of Veterans who have been exposed to stressful events in war or military operations other than war. - DoD Dictionary of Military Terms

Name: _____

Branch of service: _____

Were you: Commissioned Enlisted Drafted

Service dates: _____

Highest rank: _____

Please list your medals or special honors:

Any lost time or demotions? Explain:

Unit, Division, Battalion, Group, Ship, etc.?

Service duties (be specific):

Duty stations:

War and/or conflict served in:

What are some of the best memories you have from service?

Combat or service related injuries (emotional or physical)?

Medical issues related to your military service (emotional or physical)?

Medical Diagnosis of PTSD, Mood Disorder, Anxiety Disorder, etc?

Yes

No

If yes, please explain:

Do you:

Talk about your military service to others?	Yes	No
Have trouble falling asleep?	Yes	No
Have trouble staying asleep?	Yes	No
Experience nightmares?	Yes	No
Feel uncomfortable in crowds?	Yes	No
Insist you sit with your back towards a wall?	Yes	No

Were you a POW? Yes No

Does anything upset/trigger you to remember your military experiences? (Ex: If so, please describe in as much detail as possible:

Are there any behaviors we need to be aware of? (Ex: verbal/physical outbursts, crying, needing to sit in certain areas, yelling, easily startled, panic attacks, hiding, escaping, etc.)

Are there military memories we should be aware of to provide the best care possible?

What did you do after the military?
